

Dear Athletes and Parents,

Congratulations on joining the Fox Run Senior Volleyball team. Becoming involved with an organized school team is a memorable experience that involves commitment, hard work, and responsibility. It's going to be a great volleyball season! :)



Fox Run Expectations:

1. **Schedules** (practices, games, team events) will all be kept updated on the Fox Run website (www.foxrunschool.ca) under the "Programs/Athletics" tab.
2. **Practices** are generally scheduled to begin at **3:15 and end at 4:30 PM on Mondays and Wednesdays**. Students need to arrange their own transportation home after practices.
3. **Games** will almost always be on Thursdays, except for make-up games. Home games will start around 3:45 pm and usually finish around 5:00pm. For away games the students will go on the Fox Run school bus to the game and will return them back to our school afterwards around 5:30 pm. Students need to arrange their own transportation home from our school games.
4. **Effort and Attitude** are crucial parts of being a successful team. All athletes are expected to put forth their best effort in all practices and games and display strong, positive leadership skills.
5. **Notify your coaches** if you can't make a practice or game. Your responsibility is to attend every scheduled practice and game. If you need to be excused from attending, please inform one of your coaches well before the event begins.
6. **Attendance** at school is important. An athlete may not participate in a practice or a game held on the evening of a school day if he/she did not attend school that day.
7. **Good behavior** on and off of the court is a must. The conduct of the athletes must be the same as what is expected during normal school hours. Athletes are representatives of École Fox Run School and must conduct themselves in a manner which will promote a positive reputation for our school. Students receiving a school suspension may not participate for the duration of the suspension. Coaches, homeroom teachers, and administration will review the team membership status of any athlete who receives a school suspension.
8. **Good grades** are important for student athletes. All athletes must maintain their grades in school. Your coaches will be in touch with your classroom teachers to ensure that all athletes are working to the very best of their ability in all subject areas.
9. **Athletic attire** is important to being prepared to play. Athletes need to make sure they have a pair of appropriate running shoes that will be used indoors only, dark shorts (Fox Run appropriate) and the uniform jersey top. Uniforms will be distributed by the coaches. They must be kept in good clean condition and returned to the coach at the end of the season. Please do not dry the uniforms in the dryer. **Athletes will be charged a fee of \$50.00 for any uniform that is damaged or lost.** Uniforms are to be worn for games only and do not become part of the athlete's wardrobe and can not be worn in practice or PE.

Failure to comply with expectations may result in a number of different consequences ranging from being benched for one or more games to being dropped from the team.

The cost to play is \$95.00 which includes: uniform rentals, games, bussing, tournaments and more...(see Team Budget Planner attached). Please fill out the permission forms ONLINE and return them as soon as possible. Payment of team fees are not needed until the end of September.

We look forward to coaching such a great group of talented athletes!

Mr. Wik, Mr. Baker, Mrs. Lee
2024-25 Fox Run Sr. Volleyball Coaches

**Ecole Fox Run School
Extra-Curricular Budget
Senior Teams**

Home Games:

Number of home games (3) x the cost of referees/games (30x 3) = \$90

We usually pay refs \$30.00 / match for volleyball

Away Games:

Number of games (4) x the cost of bus & driver = \$240

Tournaments:

Tournament fees: \$200 Hunting Hills Tournament = \$200.00

Transportation fees: \$60.00 = \$80.00

League fees:

Number of athletes (15) x \$5.00 = waived for this year

Uniforms:

Uniform replacement fee

Number of athletes (12) x \$10.00 = \$120.00

Equipment fees:

Number of athletes (12) x \$5.00 = \$60.00

Wind up party:

For food and drinks = \$175.00

Miscellaneous:

Team building and supper = \$175.00

Total Cost: = \$1140

Total cost is \$1140 divided by the number of athletes (12) = \$95.00 cost per athlete

**These fees will automatically be added to each player's online fee account once field trip forms are completed